

After-School Athletics Club

Dear Parents,

I am delighted to be offering an after-school athletics club, run by myself Tom Bowerman. I am an experienced England Athletics qualified coach, who has been working within schools in Hampshire and Surrey for over 5 years.

In this after school club I aim to teach children key foundation movement skills. As well as introducing them to a wide range of athletic events including sprinting, throwing, hurdling, relay running and of course lots of fun games.

The club will run for 10 weeks and take place on the school field:

Starting on

Thursday 15th January until Thursday 26th March 2026

from 3.10 pm to 4.10pm

The club is open to years 3 to 6 with a limit of 28 children. Should requests exceed places, then names will be drawn out of a hat, on the last date of sign up and a waiting list drawn up.

To sign your child up please name email as "Heatherside" and provide information as below to tombathletic@hotmail.com by **5th December 2025**.

Cost for the whole period is £90.

Childs name _____ Class _____

(Parent/Guardian) _____

My emergency contact number for Thursday's is _____

My child will be collected by _____ or walk home _____

An email will be sent to confirm if your child has been allocated a place in the club by **8th December 2025**.