

Heatherside Junior School – Sport Premium 2021 to 2022

Key achievements to date until July 2022:	Areas for further improvement for 22/23 and baseline evidence of need:
<ul style="list-style-type: none"> • Increase in inter-school competitions. • Increased opportunity for outdoor and adventurous activity. • Provision for physical activity at break times through use of outdoor gym, adventure playground and play equipment. • PE day for each year group to allow for minimum 2 hours PE each week for each child. • Range of sports / activities promoted as part of wellbeing. • Use of Young Leaders to promote physical activity during lunch times. • Regular opportunities for extra exercise e.g. walk a mile; well-being activities. • Increase in outdoor PE lessons and clubs due to MUGA installation. 	<ul style="list-style-type: none"> • Increase lunch time and after school club offering to utilise MUGA and increase extra-curricular activity even further. • Improve planning of some PE units and explore training possibilities. • To further develop opportunities to play in a range of competitive fixtures and events. • To promote intra-school competition. • Assessment of PE to inform planning and ensure good progression.

Total amount carried forward from 2020/2021	£86,721
+ Total amount for academic year 2021/2022	£20,080
+ Amount received so far for 2022/23	£ 8,367
Remaining balance to be committed by 31/07/22	<u>£16,667*</u>

*Committed expenditure includes additional swimming sessions for Year 6 pupils not achieving national requirements in Year 5, Young Leader Training in Autumn 22, cost of football/netball coaches for school teams, staff training and release time for subject leader, additional playground equipment on the back at request of pupils.

Meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of atleast 25 metres?	78%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	78%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	98%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes, we provided swimming lessons for two cohorts (216 children) rather than the usual one cohort, to take account of lost sessions in lockdown.

Academic Year: 2021/22		Total fund allocated: £68,000	Date Updated: July 2022
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			Percentage of total allocation: 70%
Intent	Implementation	Impact	Sustainability and suggested next steps:
<p>All children to participate in at least 30 minutes of physical activity a day.</p> <p>Installation of a MUGA so that we can continue to deliver the PE curriculum safely, regardless of the weather. (MUGA costs £68 000, through Sports Funding and school budget)</p>	<p>Daily Mile walk or run every day for 10-15 minutes.</p> <p>Staggered breaks enable lots of space for running and other games.</p> <p>Every year group has a PE day to ensure they participate in minimum 2 hours of PE.</p> <p>Outdoor gym equipment and adventure playground available for use at break and lunch for all children.</p> <p>MUGA installed to ensure PE lessons and clubs can take place in all weather. Opened by Paralympian gold medallist.</p> <p>Young Leaders from Year 6 providing games for lower KS2 children at lunchtimes.</p> <p>Purchased more playtime equipment e.g. netball posts.</p>	<p>Pupils physically active every day due to the daily mile/available space at playtimes.</p> <p>No cancelled PE lessons (except extreme circumstances) due to suitable playing surface on the MUGA. Children inspired by Paralympian gold medallist.</p> <p>Y6 Play Leaders encouraging younger children to play games at lunch times.</p>	<p>Daily Mile to be in every class' timetable for Autumn 2022.</p> <p>Timetable MUGA for clubs – before/after school and lunch times, to increase offering.</p> <p>Installation of additional 'roll around' bars on back playground at request of pupils (quotes sought)</p>
Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement			Percentage of total allocation: 4%
Funding allocated: £2,800 on PE equipment			
Intent	Implementation	Impact	Sustainability and suggested next steps:
<p>All children are taught specifically about the importance of exercise and healthy living through other curricular subjects so that they are encouraged to make healthy choices which will have a positive impact on their health and wellbeing.</p>	<p>We delivered the 5 ways to wellbeing challenge across the school – one of the core principles was 'Be Active'.</p> <p>Well-being week held which dedicated a day to each of the 5 ways, including a Be Active day which incorporated Sports Day; and a 'Keep Learning' day</p>	<p>Pupils are making links with their learning between healthy lifestyles and exercise.</p> <p>Children leading warm-ups in some PE lessons.</p>	<p>Build a range of inter-school competitions and fixtures throughout 2022-23.</p> <p>Plan more opportunities for the whole school to be inspired by sport e.g. visitor,</p>

	<p>which included trying new activities such as circus skills.</p> <p>PE and Sport, including extra-curricular clubs, promoted in assemblies and newsletters to encourage and praise participation.</p> <p>To open the MUGA, we invited a Paralympian gold medallist (Kylie Grimes) to deliver a taster session for rugby and give an inspirational speech to all children.</p> <p>A boys' and girls' football team introduced.</p>	<p>Children thoroughly enjoyed and physically benefitted from the well-being week.</p> <p>Children motivated to trial for the school football teams.</p> <p>Children inspired by paralympian wheelchair rugby gold medallist Kylie Grimes.</p>	<p>shared experiences in assemblies, celebrating success and new sports.</p>
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport			Percentage of total allocation:
			3%
Intent	Implementation	Impact	Sustainability and suggested next steps
<p>The school has an established and experienced staff, all of whom teach PE.</p> <p>Teachers will deliver a broad PE curriculum.</p>	<p>Each year group has a member of staff who will teach half of the PE lessons.</p> <p>During Well-being week, yoga teachers lead sessions for each year group. This gave the teachers an opportunity to observe how experts delivered yoga lessons to children.</p> <p>Yoga plans have been adapted as a result of new resources.</p> <p>Outdoor adventure activity (OAA) afternoon for staff.</p>	<p>Dedicated member of staff from each year group who teaches the same lesson 3 or 4 times a week has been able to improve the lesson plans for future use by all staff. This has been particularly effective for sports which had needed adapting such as gymnastics.</p> <p>Staff had better awareness of what OAA can include. As a result an outdoor activity day has been booked for Year 5 children.</p>	<p>This is an ongoing aspect of the school's work and we will continue to look for opportunities that meet the school's needs.</p> <p>Member of staff allocated to edit the Year 6 dance plans.</p> <p>Year groups to assess individual units when classes are split.</p>
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils			Percentage of total allocation:
			20%
Intent	Implementation	Impact	Sustainability and suggested next steps
<p>Teachers will deliver a broad PE curriculum whilst building resilience and wellbeing in all children.</p> <p>A range of sports can be played all year round, in any weather.</p> <p>All children to reach KS2 swimming standards.</p>	<p>A range of team games, striking and fielding, net and wall, and athletics have been taught across all year groups.</p> <p>Pupils from Year 5 attended a Commonwealth Games event at a local secondary school. Supply costs</p> <p>Year 5 pupils to attend an Outdoor Activity day at Horseshoe Lake (approx. £5000).</p>	<p>Year 5 pupils experienced a range of 'new' sports at the commonwealth games event, as a result we will be looking into a possible squash club next year.</p> <p>Year 5 have added yoga unit to their PE curriculum. Children have enjoyed doing yoga and Pilates on their own mat in the hall. They</p>	<p>Continue to cover a range of sports in PE days. Deliver a range of extra-curricular sporting opportunities.</p> <p>Make use of MUGA to offer a range of sporting clubs, including new sports.</p> <p>Explore possibility of a squash</p>

	<p>During Well-being week, yoga teachers lead sessions for each year group.</p> <p>During well-being week, all pupils had the opportunity to practice circus skills such as juggling, diablo and plate spinning.</p> <p>Forest Schools to continue to operate and to include transition sessions.</p> <p>Provide extra swimming lessons in October 2022 for children entering Year 6 who did not achieve KS2 swimming standards in 2021. Approx cost £2000</p>	<p>have been able to take the time to relax, and develop their core through stretching exercises.</p> <p>Year 5 pupils had the opportunity to experience Dragon Boat racing and raft building.</p>	club.
Key indicator 5: Increased participation in competitive sport			Percentage of total allocation:
			3%
Intent	Implementation	Impact	Sustainability and suggested next steps
Provide opportunities for children to increase their levels of determination and experience a controlled, competitive environment.	<p>Children took part in personal best challenges in PE lessons e.g. how many times can you...</p> <p>Year 6 took part in inter-class competitions for hockey.</p> <p>Year 3 inter-class gymnastics competition.</p> <p>Sports Day for all children to compete in a range of events such as: javelin, discus, netball and many more. Competitive running races too, including a long-distance race.</p> <p>Girls' and boys' football teams introduced for the first time in several years. New kit required and allocated time for coaches. Cost of Football and Netball coaches for the year approx. £2500</p>	<p>Children enjoyed competing against each other at sports day, learning how to react in defeat and victory. An enjoyable experience for the first time for some children! All pupils participated.</p> <p>The school entered into the local boys and girls school football leagues and cup competitions, providing the opportunity for teamwork and pride for representing the school. Also, competed against other schools in netball league and cricket fixtures.</p>	<p>Participate in a range of inter-school competitions and fixtures, ensuring that there are opportunities to compete for all.</p> <p>Register for SEND sporting competitions.</p> <p>Report on fixtures to celebrate and share.</p> <p>Increase the amount of intra-school competitions.</p>

