

Heatherside Junior School – Sport Premium 2022 to 2023

Key achievements to date until July 2023:	Areas for further improvement for 23/24 and baseline evidence of need:
<ul style="list-style-type: none"> • Increase in inter-school competitions. • Increased opportunity for outdoor and adventurous activity. • Provision for physical activity at break times through staff led sports club, use of outdoor gym, adventure playground and play equipment. • PE day for each year group to allow for minimum 2 hours PE each week for each child. • Range of sports / activities promoted as part of wellbeing. • Use of Young Leaders to promote physical activity during lunch times. • Lunch time club on The HOP providing a range of 'new' sports. • Regular opportunities for extra exercise e.g. walk a mile; well-being activities, brain breaks. • Increase in outdoor PE lessons and clubs due to MUGA installation. • Increased participation in girls' football including regional success. • Increase in staff led clubs which are free to pupils. • Introduction of new planning resource. • New sports introduced on Sports Day to extend range. 	<ul style="list-style-type: none"> • Increase lunch time and after school club offering to utilise MUGA and increase extra-curricular activity even further. • Agree further training possibilities, particularly for indoor PE (gym and dance). • Embed new PE planning into the curriculum using GetSet4PE. • Ensure progression of skills across the school in the PE curriculum. • To further develop opportunities to play in a range of competitive fixtures and events. • To promote intra-school competition and increase the involvement of children leading events. • Embed the assessment of PE to inform planning and ensure good progression. • Integrate orienteering into the curriculum using the newly created maps.

Carry forward from 2021/2022 financial year in April 2022	£16,300
Summer 2022 allocation	£8367
Balance at start of 2022/2023 academic year	£15,991.98
Academic Year 22/23 Allocations - Autumn 2022 and Spring 2023	£11,708 (Aut/Spring) £8362 (Spring)
Total amount of funding to be spent in the Academic Year 2022-2023 (Carry forward plus 22/23 allocations)	£36,061.98
Planned and actual expenditure	£25,041.44
Funds remaining allocated for planned expenditure 23/24	£11,020.54

Equipment: £1,804.86	Key Indicators 1 and 5
Outside Playground Equipment: £9919.20	Key Indicator 1
Support for competitive sports: £1031.50	Key Indicator 2 and 5
Staff Training and Planning Resources: £1570	Key Indicator 3
Sports Activities for children including extra swimming: £8380.73	Key Indicator 4 and 5

Meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	89% compared to 78% in 21/22
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	89% compared to 78% in 21/22
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	100% compared to 98% in 21/22
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes, we provided 6 extra lessons for 28 Year 6 children who had not achieved the KS2 standard in Year 5. 16 of which went on to achieve their KS2 standard in swimming.

*Committed expenditure includes Young Leader Training in Autumn 23, cost of football/netball coaches for after school clubs, staff training and release time for subject leader, repairs to equipment on the back playground, resources for new sports to be introduced (volleyball).

Academic Year: 2022/23		Date Updated: July 2023	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			
Intent	Implementation	Impact	Sustainability and suggested next steps:
<p>All children to participate in at least 30 minutes of physical activity a day.</p> <p>To have effective provision and resources so that children are encouraged to participate in physical activity daily.</p>	<ul style="list-style-type: none">Regular walk / run a mile in the playground.Active Brain Breaks interspersed throughout the day.Lunch time club on The HOP (MUGA) introduced to encourage less-active children and provide a range of sports for all.Staggered break times enable lots of space for running and other games.Every year group has a PE day to ensure they participate in minimum 2 hours of PE.Outdoor gym equipment and adventure playground available for use at break and lunch for all children.MUGA installed and timetabled to ensure PE lessons and clubs can take place in all weather.Young Leaders from Year 6 providing games for lower KS2 children at lunchtimes.Purchased more playtime equipment e.g. netball posts, lunch time box equipment.	<p>Pupils physically active every day due to the available space and playground equipment at playtimes; also due to the active breaks within lessons.</p> <p>No cancelled PE lessons (except extreme circumstances) due to suitable playing surface on the MUGA.</p> <p>Y6 Play Leaders encouraging younger children to play games at lunch times.</p> <p>Children tried new sports, structured by a member of staff.</p>	<p>Promote ‘walk a mile’ for each class and investigate an incentive / initiative e.g. Year 3 and Year 6 buddy.</p> <p>Timetable MUGA for clubs – before/after school and lunch times, to increase offering.</p> <p>Active brain breaks in lessons used on most days.</p>

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement			
Intent	Implementation	Impact	Sustainability and suggested next steps:
<p>All children are taught specifically about the importance of exercise and healthy living through other curricular subjects so that they are encouraged to make healthy choices which will have a positive impact on their health and wellbeing.</p> <p>Promote the physical, mental and social benefits of physical activity.</p> <p>Encourage children to participate in competitive sport.</p>	<ul style="list-style-type: none"> • PE and Sport, including extra-curricular clubs, promoted in assemblies and newsletters to encourage and praise participation. • Weekly training for the girls' football team, boys football team and netball team. • Use of Sports Board and Match Reports in assemblies to share recent results and inspire the lower school to join in later years. • Children demonstrating sports in assembly e.g. Irish dancing. • Applied for Gold in School Games Mark. • Long distance race for all year groups, supported by House Captains. • Year 6 pupils led and organised events for Year 1 Sports Day. 	<p>Pupils are making links with their learning between healthy lifestyles and exercise.</p> <p>Children leading warm-ups in some PE lessons.</p> <p>Children motivated to trial for the school football teams. 42 girls trialled for 23-24 girls football team compared to 12 last year.</p>	<p>Build on the current range of inter-school competitions and fixtures throughout 2023-24.</p> <p>Plan more opportunities for the whole school to be inspired by sport e.g. visitor, shared experiences in assemblies, celebrating success and new sports.</p> <p>Fund a coach to deliver girls football coaching to those who do not make the school team.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport			
Intent	Implementation	Impact	Sustainability and suggested next steps
<p>The school has an established and experienced staff, all of whom teach PE.</p> <p>Teachers will confidently deliver a broad PE curriculum with suitable resources to support their delivery.</p>	<ul style="list-style-type: none"> • PE leads attended PE conference led by HCC. • Staff meeting delivered by PE leads to share what had been learnt from the PE conference and to introduce the Get Set 4 PE scheme. • Trial and use of Get Set 4 PE online PE scheme with easy to follow planning and videos. • Met with Infant School subject lead to share progression of skills. • All staff completed a survey asking about their confidence in teaching the PE curriculum. 	<p>As a result of the PE survey, gymnastics training is planned for next year; the progression of skills document has been updated; a new scheme has been purchased to supplement current plans. This is resulting in more effective, progressive teaching in lessons.</p>	<p>This is an ongoing aspect of the school's work and we will continue to look for opportunities that meet the school's needs.</p> <p>Gymnastics training for all staff is booked for 23-24.</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils			
Intent	Implementation	Impact	Sustainability and suggested next steps
<p>Teachers will deliver a broad PE curriculum whilst building resilience and wellbeing in all children.</p> <p>A range of sports can be played all year round, in any weather.</p> <p>All children to reach KS2 swimming standards. Provide opportunities for children with SEND.</p>	<ul style="list-style-type: none"> • A range of team games, striking and fielding, net and wall, and athletics have been taught across all year groups. We have also introduced archery as a result of attending an archery event with children eligible for Pupil Premium. • Forest Schools to continue to operate and to include transition sessions and team building for Year 3. • School grounds have been mapped by orienteering expert so that we can include more orienteering in the curriculum. • Extra swimming lessons provided for children in Year 6 who did not meet the KS2 standard when participating in curriculum swimming lessons last year. • Sensory Circuits offered 3 mornings a week, before school for children on the SEND register. • New sports were introduced Sports Day e.g. Boccia. • A lunch time club on The HOP has been introduced which provides the opportunity to experience new sports e.g. goal ball. • Children voice was sought by providing a questionnaire. • Urban Strides delivered dance workshops to children in the hall. 	<p>Archery has been used as a lunch time club.</p> <p>‘Spring Forward’ Forest Schools for Year 3 has allowed children to build their confidence and team work skills.</p> <p>An extra 16 children from Year 6 achieved the KS2 standard due to the extra lessons provided in the Autumn term.</p> <p>Results of pupil voice showed that they were happy with sport provision and the types of sports which were currently offered.</p> <p>Some children with SEND are starting the day calmly and regulated following their sensory circuits sessions.</p>	<p>Continue to cover a range of sports in PE days. Deliver a range of extra-curricular sporting opportunities.</p> <p>Make use of MUGA to offer a range of sporting clubs, including new sports.</p> <p>Plan an orienteering unit for Year 6.</p> <p>Inspire participation by taking children to a sporting event e.g. cricket at The Ageas.</p>

Key indicator 5: Increased participation in competitive sport			
Intent	Implementation	Impact	Sustainability and suggested next steps
Provide opportunities for children to increase their levels of determination and experience a controlled, competitive environment.	<ul style="list-style-type: none"> Children took part in personal best challenges in PE lessons e.g. how many times can you... Year 6 took part in inter-class competitions for hockey. Year 3 inter-class gymnastics competition. Year 5 have completed a rounders, athletics and a cricket inter-class competitions. Sports Day for all children to compete in a range of events such as: javelin, discus, netball and many more. Competitive running races too, including a long-distance race. Regular fixtures for girls and boys football teams, and netball team 	<p>Children enjoyed competing against each other at sports day, learning how to react in defeat and victory. An enjoyable experience for the first time for some children! All pupils participated.</p> <p>The school entered into the local boys and girls school football leagues and cup competitions, providing the opportunity for teamwork and pride for representing the school. The girls team won the league, cup and district cup. Also, competed against other schools in netball league and cricket fixtures.</p> <p>Year 4 football team won regional competition which was organised by our PE lead.</p>	<p>Participate in a range of inter-school competitions and fixtures, ensuring that there are opportunities to compete for all.</p> <p>Register for SEND sporting competitions.</p> <p>Increase the amount of intra-school competitions.</p>

