

CURRICULUM

- PSHE lessons
- Let's Think in English
- Growth Mindset Approach
- Outdoor and Adventurous activities
- Trips
- Assemblies
- Wellbeing projects, lessons, homework challenges
- Adapted to meet needs
- Theme Weeks/ Days



STAFFING

- Pastoral Support Assistant
- Trained ELSAs and other support staff
- Staff Training
- Wellbeing Leads and school events
- Governor role
- Staff nominated leads for Wellbeing

WIDER OPPORTUNITIES

- Wellbeing Ambassadors
- Clubs
- Lunchtime Clubs (including lunch bunch and library and games on The Hop)
- Pupil led groups
- Young Leader play activities
- Gardening
- Mix-up events
- Fixtures - Sports
- Year 6 Production & Christmas Assemblies
- Year 6 Duties - Office, post, tours of school

FOREST SCHOOLS

- Team Building
- Resilience
- Confidence
- Choices
- Reflection
- Success and enjoyment



Supporting wellbeing and social and emotional development at Heatherside Junior School

FOCUSSED PROVISION

- ELSA sessions 1:1
- Lego Therapy
- Nurture based group
- Lunch Bunch
- Forest Fusion (for transition groups)
- Social skills groups
- Transition plans
- Reading dog



PARENTS

- Workshops
- Working in partnership
- Signposting to agencies and sources of support
- Information on website

BEHAVIOUR AND REWARDS

- Celebrating effort and achievement
- Personal and individual rewards
- House Teams to promote togetherness
- Provision of structured support/targets/interventions
- Advice from outside agencies
- Values Cup



ENVIRONMENT

- Use of library and Amethyst Room to provide some quiet space
- Garden and outdoor space
- Pond/ large grounds
- Displays